

# CONTENTS

<b>Prologue</b>	“Why Are All the Black Kids <i>Still</i> Sitting Together in the Cafeteria?” and Other Conversations About Race in the Twenty-First Century	I
<b>Introduction</b>	A Psychologist’s Perspective	73
<b>PART I A Definition of Terms</b>		
<b>1</b>	Defining Racism <i>“Can we talk?”</i>	83
<b>2</b>	The Complexity of Identity <i>“Who am I?”</i>	99
<b>PART II Understanding Blackness in a White Context</b>		
<b>3</b>	The Early Years <i>“Is my skin brown because I drink chocolate milk?”</i>	111
<b>4</b>	Identity Development in Adolescence <i>“Why are all the Black kids sitting together in the cafeteria?”</i>	131
<b>5</b>	Racial Identity in Adulthood <i>“Still a work in progress . . .”</i>	165

PART III Understanding Whiteness in a White Context	
6	The Development of White Identity 185 <i>"I'm not ethnic, I'm just normal."</i>
7	White Identity, Affirmative Action, and Color-Blind Racial Ideology 209 <i>"Affirmative action was nice. It had its time. Its time is over."</i>
PART IV Beyond Black and White	
8	Critical Issues in Latinx, Native, Asian and Pacific Islander, and Middle Eastern / North African Identity Development 235 <i>"There's more than just Black and White, you know."</i>
9	Identity Development in Multiracial Families 299 <i>"But don't the children suffer?"</i>
PART V Breaking the Silence	
10	Embracing a Cross-Racial Dialogue 331 <i>"We were struggling for the words."</i>
	Epilogue: Signs of Hope, Sites of Progress 343
	Notes, 359
	Bibliography, 403
	Acknowledgments, 431
	Index, 434