

	FOREWORD	xi
	<i>Stephen Carroll</i>	
	RETENTION, PERSISTENCE, AND SUCCESS	
	Clarifying the Challenge	1
	Introduction	1
	Institutional Response and Increased Expectations	6
	What Does Teaching Have To Do With This?	8
	Significance of the Teaching Professor	9
	Overview of the Chapters	10
	Conclusion	11
	Notes	12
2	CLASS CLIMATE	
	Widening the Circle for a Diverse Student Body	13
	Introduction	13
	Promote a Positive Classroom Climate	14
	Embrace Students' Diversity	18
	Increase Our Own Cultural Competence	20
	Encourage Student Interactions	21
	Foster a Community of Learners Within Our Classes	23
	Conclusion	27
3	THE FIRST MONTH OF THE SEMESTER	
	Engage, Connect, and Commit	29
	Introduction	29
	Class Protocols (or Policies)	30
	In-Class Engagement Expectations	31
	Importance of Making Connections	34
	Activating Prior Knowledge	35
	Increase Relevancy With Real-World Issues	37
	Culturally Relevant Material	38
	Significance of a Commitment	40
	Conclusion	41
	Notes	42
4	MOTIVATION AND ATTITUDES	
	Impact of Mindsets and Mental Toughness Attributes	43
	Introduction	43
	Mindsets: Fixed or Growth	44

Promoting Growth Mindsets	46	EPILOGUE	
Mental Toughness	50	Final Thoughts	129
Nurturing Mental Toughness Components	52	Teacher Impact on Diverse College Students	
Self-Efficacy Reinforced	56		
Conclusion	59	APPENDIX A	131
Note	59	Readings for Expanding Cultural Competence	
5 INTERACTIVE LECTURES			
Using Meaningful Educational Activities	61	APPENDIX B	135
Introduction	61	Organizing Student Interaction With Multiple Small-Group Configurations	
Favoritism and Bias of the Traditional Lecture Format	62		
Creating Interactive Lectures	64	APPENDIX C	139
Improving Lecture Techniques	72	Quote of the Week: Examples From Diverse People for Supporting Growth Mindsets and Mental Toughness Attributes	
PowerPoints, Class Notes, and Handouts	75		
Conclusion	78	APPENDIX D	145
Notes	78	Note-Taking Tips for Students and a Few Tips for Professors	
6 READING ASSIGNMENTS AND CLASS DISCUSSIONS		APPENDIX E	149
Stimulate Deeper Learning	79	A Strategy for Building Vocabulary	
Introduction	79		
Required Books: “Choose ’Em and Use ’Em”	80	REFERENCES	153
Preparing for Class: Reflections and Responses	84		
Anticipating Difficulty With the Reading: Five Steps to Use	88	ABOUT THE AUTHOR	169
Reading and Critical Thinking Skills	91		
Conclusion	94	INDEX	171
Note	94		
7 WRITING ASSIGNMENTS			
Promote Critical Thinking and Writing	95		
Introduction	95		
The Quintessential Value of the Written Word	96		
In-Class Response Writing Tasks	97		
Out-of-Class Reflective Writing Tasks	101		
Substantive Formal Writing: Procrastination and Plagiarism	103		
Discouraging Plagiarism and Encouraging Scrutiny of Sources	108		
Conclusion	111		
Notes	112		
8 RESILIENCE, HABITS, AND PERSISTENCE			
Hold Fast and See It Through	113		
Introduction	113		
Building Academic Resilience	115		
Developing Positive Habits and Routines	118		
Promoting Productive Persistence	121		
Conclusion	126		
Note	127		